

BETWEEN THE SHEETS

Galt Curling's Quarterly Community Newsletter



Christmas and the New Year

You may feel like you're receiving this more frequently than every quarter. You are... sorta, we're offsetting the quarterly newsletter by one month to better align with our season. So you're getting a bigger dose of upcoming events for the Christmas season.

These past two months have been a little wild, from leaks in the basement, a new driveway, lounge furnace being shut off and a new furnace on the ice being put in. We've been doin' upgrades!

Looking forward to the next two months we've got a lot of events on and off the ice that we hope you'll join us for.

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Club Manager Update

Hey y'all!!!! I am super excited to finish up 2023 and head into 2024 here at the club. 2023 has been such a great year with us celebrating our 185th anniversary and getting back to the normal post-pandemic. When we talk about the club being busy this winter, we mean it. There is so much happening and so much to look forward to. We have some tricks up our sleeves to stay tuned for. We will be constantly updating the website calendar so you'll want to keep an eye on that. I hope everyone has had a great first half of the season and here's to even more good curling come 2024. Hurry Hard!!!

Quinn Walsh (She/Her/Hers)
Club Manager

Ice Heater/Furnace Update

As many of you know, November 1st we had a curler require medical assistance and as a result 911 was called. Upon the fire department arriving, it was discovered that we had high levels of carbon monoxide in the building. Embridge came and they believed that the leak was coming from our main furnace unit on the roof. The furnace was shut off at the source in response. TSSA was contacted and they released the unit to Chris Stone, a certified HVAC technician and one of our board members. Upon his inspection and testing, it was found that the furnace was in correct working order and it was the heater out in the ice shed that was the source of the monoxide leak. The Board of Directors held an emergency meeting and made a plan to move forward. Thanks to Chris and his HVAC team, we were able to purchase and install a new heater unit. The Board has purchased and installed four carbon monoxide detectors throughout the club as well; One in the lounge, one on the ice, one in the basement, and one in the compressor room. These detectors tell you the PPI reading right on the unit itself. Since taking both actions, the club has been at a zero PPI reading and the club is warm again.

Lounge Sponsor TV

You might have noticed that at the beginning of the season, we upgraded the tv on the wall in the lounge for a bigger tv than the old one. If you have been in the club the last full week on November, you might have noticed what is on the tv looks a little different than it used to. This has been a project that is directly connected to our website upgrade over the summer. The upcoming games for the day are now shown on the lounge TV for any games scheduled through the website. It also features the slideshow we are used to seeing.

CONGRATULATIONS TEAM SINCLAIR

We wanted to take a minute to congratulate Team Sinclair for qualifying for Women's Master Provincials. While the team plays out of the St. Thomas Curling Club, three of the teammates are from our club; Laura Lee, Jill Rowett, and Rosemary Gowman. Congratulations ladies and good luck at provincials December 13th-17th in Quinte.

Club Events: December 2023

- Dec. 1** — **Annual Christmas Drive**
 This year we will be collecting hats/mittens/socks for local schools, toys for Toy Mountain, and food/hygiene items for the Cambridge Food Bank. We will also be collecting cash donations
- Dec. 9** — **Christmas Charity Wine Night**
- Dec. 12** — **Membership Installment Payment Date**
 For those of you that selected to pay by installments at registration, this is for you.
- Dec. 16** — **Youth Learn to Curl**
 More details and registration can be found on our website
- Dec. 16** — **Stick Delivery Clinic**
 More details and registration can be found on our website
- Dec. 16** — **Musical Bingo: Christmas Edition**
 Come on out for a music filled night. No skill required other than marking songs off your card and having a good time. Cards are \$5 cash each. The bar will be open throughout the night
- Dec. 22** — **Last Day of Leagues**
- Dec. 29-30** — **The Singles Spiel is BACK!!!**
 More details to come



CLUB CALENDAR FACTS

Did you know that part of our new website platform is an all NEW way for us to schedule and share events with our members and the public??? Check out the club calendar section of the website to see everything that's going on at the club as well as we are now able to do event and spiel registration through the system. If you are looking to book ice for a make up game or practice, that's there too!!!

Club Events: January 2024

- Jan. 2** — **Leagues Resume For Winter**
- Jan. 9** — **Last Membership
Installment Payment Date**
- Jan. 10** — **Intercity Women's League**
We welcome the ladies back for another great day of curling. They are a regional league that moves and plays at different local clubs.
- Jan. 12-14** — **Ontario Mixed Doubles Tour
Championship**
We are the host club again in 2024. More details to come, but can't wait to see you all there!
- Jan. 20** — **Strategy for Everyone Clinic**
This will be a clinic talking about basic strategy so you know what the heck is going on even if you aren't a skip. Details and registration on the website.
- Jan. 20** — **Progressive Euchre Night**
Entry is \$15 cash. Games start at 7pm. The bar will be open all night.
- Jan. 22** — **Tri-County Men's League**
We welcome back the men for the second time this year. They are also a traveling regional league.



JANUARY OFFICE CLOSURE DATES

We wanted to give you a heads up and let you know that Quinn will be away from January 5-11 inclusive. With that being said, we will do our best to respond to messages in her absences. Quinn will be catching up upon her return so please be patient with us. We will communicate more as needed closer to these dates.

Club Events: February 2024

Feb. 10	Ice Maintenance Day There will be no ice events happening (Saturday Only)
Feb. 14 & 21	Intercity Women's League We welcome the ladies back for the fourth & fifth times this season for more great curling
Feb. 16	Grandmothers & Great Aunts Spiel Talk about a revival. This is a great women's annual spiel that we have run at the club for more years than I know that got stopped due to covid. More details on our website
Feb. 17	Challenge Night Talk about another revival. More details to come
Feb. 19	Family Day Open House We will be hosting open ice for members & their families again this year. Registration will launch the beginning of February
Feb. 24	Curling Day in Canada Let's celebrate & enjoy curling together. We have a day filled with activities in the works so stay tuned for more details to come



VALENTINE'S DAY FAST FACTS

- Valentine's Day was first celebrated in the 1300's
- Over 145 million greeting cards are exchanged each year on Valentine's Day
- Red roses are the flower of love. Other rose colours have different meanings
- The X became the symbol for a kiss in the middle ages
- Conversation hearts were originally invented as a medical lozenges

Christmas Charity Wine Tasting Event



Thank you SOOO much to everyone that bought a ticket to the event. We can't believe how quickly we sold out in support of charity.

For those that are attending, please remember to bring a donation item with you as well. This is the second half of your ticket purchase and is required to get into the event.

An email will be going out prior to the event with specific details for those attending.

Hat, Mitt, Sock, Food, and Toy Drive

Our annual holiday drive is back this year and bigger than ever. This year all donations will be going to the Cambridge Food Bank, Toy Mountain, and local elementary school.

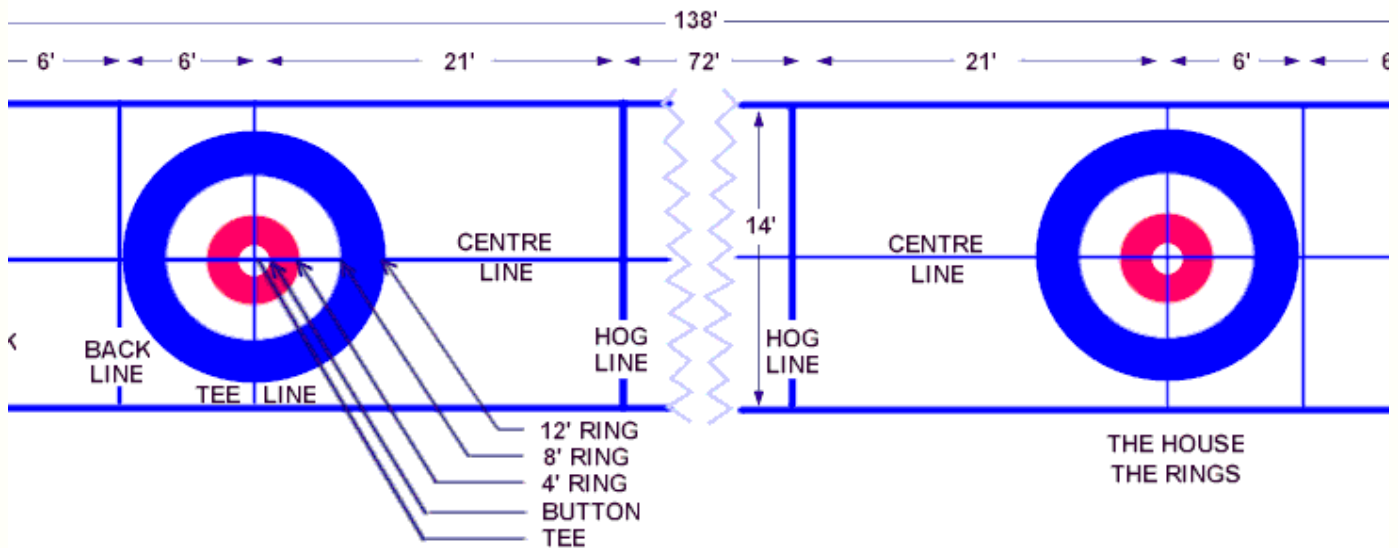
Items we are looking for include: winter hats, winter mitts/gloves, non-perishable food items, personal hygiene items, and toys.

Collection boxes have been placed on the dance floor around the tree.

We will be accepting donations from December 1st-22nd



Curling Etiquette Refreshers



Etiquette Tips:

1. Curling is a game of sportsmanship. When you arrive on the ice, greet each member of the opposition, tell them your name, and wish them good curling with a hand shake. At the end of the game, shake hands again with the opposing team and say good game.
2. Do NOT walk up the center of the sheet after sweeping a rock. Use the other edges so the next player can see their skip and throw their rock.
3. When you are unable to curl on a schedule day, YOU are responsible for finding a spare to take your place. After you have found one, let your team know. Remember, your team is counting on you.

The Singles Spiel is BACK!!!

Damien, our amazing ice maker, will be hosting the singles spiel here at the club again this year from December 29th-30th.

The requirements of the game is exactly in the name of the spiel. The whole event is single players against each other. This is a super fun multi-day event if you haven't heard of it before. Damien has some tricks up his sleeve including a calcutta.

Sign up is now posted on the bulletin board in the upper hall beside the calendar along with more details.



Fundraising Update

Back in July Sandy and Mark Fisher accepted a giant cheque (both in size and physical size) from the Give and Grow Program on behalf of the club. This program is a great way to raise money for the club as it costs us nothing and it saves you money all while giving back to us! So thank you for buying your big yellow bags... Every little helps. We were able to raise \$1,010.00 through the initial "large" cheque presented to us. We then received a second cheque for an additional \$920. That brings the total raised for the club through the program this year to \$1,930. Thank you to everyone that bought dirt through the program this year.



Volunteers Currently Needed

Current volunteering opportunities we need filled:

1. Mixed Doubles - The provincial event is running from January 12th-14th and with that we are looking for volunteers again to help in the kitchen and to help keep the club tidy.
2. Weekly Kitchen Help - We are looking to bring back food offerings come the new year in the evenings. In order to do so, we need volunteers to help with prepping and plating in advance of selling.
3. Youth League - We are looking for a few members to help out with the youth league for the winter session. The league runs from 10am-12pm every Saturday. Even if you can only help with a couple weeks, but not every week, it would be super appreciated. Craig Anderson is the head coach of the league and will be able to answer any questions you might have.
4. Social Media - We want to make 2024 the year that we step up our social media game and in order to do so, we need your help. All we need from you is to take pictures on your cell phone when you are at the club and something cool or fun is happening and then send the photos our way. We'll do the rest, but we need help getting the content captured.

If you are interested in volunteering for any of the above, please log into your profile on the website, select My Volunteer Interests from the Member tab in the top menu and select the tasks you are open to helping with.

SPONSORSHIP CORNER



Carpet Masters



Ever wonder how our carpets in the club stay so clean? That would be thanks to Carpet Masters. They come in every year at the end of our year and do a great deep clean for us. Well they can do it for you as well. If you need your carpets cleaned, we can't suggest Carpet Masters enough. Reach out to Dano @ [\(519\) 654-8859](tel:(519)654-8859)

Emkal

Sometimes it's hard to tell you what a person or a company does. Emkal is kinda that way. They're IT, they're tech, they're the guys that you call when something's wrong. For us, they're our new wifi hub in the lounge, they're the TV's on the Ice, they're the server that you can't see and all the cameras and the routings and the things that make it possible to stream our internet. Now, we're lucky, we have an employee who's a member. Gord Pratt is borderline amazing (don't tell him, it'll go to his head). But he has put hundreds of hours in at the club running cables, hanging TV's and getting everything running the way we need it to. Anyway, this is a long winded way of saying 2 things. 1, Emkal is there to help if you're a small business that isn't big enough for an IT Dept and 2. Gord is helpful.

Should you find yourself needing IT services you can get in touch with Emkal

<https://www.emkal.ca>

support@emkal.ca

[\(877\) 653-6525](tel:8776536525)



HOMES.



STACEY CHAVES Broker
519.240.3380



Stacey Chaves Real Estate

I don't have to tell you. This real estate market is HARRRD right now and not like when we're asking our team to sweep. Its harder. Interest rates are up, sales are down, its a tough go to sell your house. BUT, the good news is Stacey and her team can make it easier for you. If you're looking at buying or selling your home Stacey can help.

For more information please visit staceychaves.ca or email her stacey@makeamove.ca

ARUCHIROPRACTIC

519-623-5777

www.aruchiropractic.com

Aru Chiropractic

It's no secret I'm getting older, I just spoke about it with Rivera, time is contagious, everyone is getting old and while I do I want to stay in the best health I possibly can. Enter Jim Aru. There have been times in my life where I couldn't walk from a sore back. Jim was the one that helped me get back on my feet and back in the hack. With over 15 years experience Jim has been providing chiropractic services.

Other services he provides are:

- Massage therapy
- Shockwave therapy
- Orthotics

So if you find yourself needing your back cracked or a plethora of other services give the team at Aru Chiropractic a call. They're so close to the curling club you could throw a rock and hit them!

Granite Landing Retirement Residence

I'm not sure about you, but age is staring me down pretty quickly. I'm not quite to the point of retirement but I think about it a lot. I also think about putting my parents in a home... A LOT. I never imagined them winding up in a place like Granite Landing. It's nothing like you'd think a "home" would be. These guys are livin' large! They offer things like Yoga, Guided tours, walks around the park, trips to museums, craft workshops, woodworking workshops, the list goes on and on. If you head over to their website you can see their June calendar is full of events going on.

Life at Rivera is pretty wonderful as well, from the simple amenities like a library, outdoor living space, movie room, pool, spa, bistro, billiards room, rec room, patio, exercise room and 3 full catered meals a day. All of a sudden telling your parents "You better behave or I'm gonna put you in a home" doesn't have the same type of threat that it used to. But in all seriousness, if one of our members are looking at taking that next step and wanting a tour you can book one free today and see what the best retirement living looks like.



Dancers, keep on dancing.

This is More Living.

[Book a tour today.](#)

Eighth End Thoughts

Where did the year go? Seriously, it feels like just weeks ago we were laughing about finally coming out of covid and having a “normal year”. I’m not sure about you and your year but mine was anything normal. It had its ups and downs but I got to ride it out with a great group of friends, family and of course you, my curling family. I’m hoping you all found a little value in this newsletter as I finish up my first year writing it. I enjoyed giving you a little insight into how my mind works. As we sweep into 2024 I wish you nothing but the perfect take outs, a soft draw and your lead to finally throw a decent guard. Happy New Year,
Mark



NEW YEARS EVE

- To top off the final quarterly newsletter of the year, I'll leave you with this. If you were to have a private jet you could in theory fly for 48 hours straight and land 60 times and celebrate new years in 60 different locations.
- This would mean you'd actually celebrate new years twice in multiple time zones.
- You'd think that there would only be 24 timezones but there are actually 38
- First Country to celebrate new years Kiribati (Place: Line Islands)
- Last Country: USA (Place: Baker & Howland Island)
- 45% of North Americans make resolutions and 100% of curlers resolve to make their next shot.